

Pozvánka na přednášku

Ruth Ehrhardt

16.

května

11:00

FZS UJEP

• *Ö Ruth* •

- Ruth Ehrhardt je matkou čtyř doma narozených dětí, jihoafrickou tradiční porodní asistentkou, certifikovanou profesionální porodní asistentkou v USA, autorkou knihy "Základní potřeby rodící ženy" (která byla přeložena do 15 jazyků) a lektorkou fyziologie porodu a porodní asistence.

Je dcerou, vnučkou a neteří porodních asistentek, takže se zdá, že pro ni tato práce byla v mnoha ohledech předurčena již od narození.

Ruth má vrozenou lásku a důvěru k porodu, ženskému tělu a moudrosti dětí. Ve své práci a lektorské výuce se zaměřuje především na střežení a ochranu prostoru pro těhotenství a porod, nikoliv na vedení či řízení samotného porodního procesu.



Program

Datum

16. 5. 2024

Čas

11:00 – 15:30

Místo

FZS UJEP,
Sociální péče 3652/13, Ústí nad Labem

Jazyk

Přednáška je v angličtině, překlad zajištěn

Registrace



případně na: kamila.bitalova@ujep.cz



Díky podpoře a financování

NF Propolis 33

je přednáška pro všechny
účastníky zcela

ZDARMA.

Program

10:30

registrace

11:00

1. blok přednášky

12:30

pauza na oběd

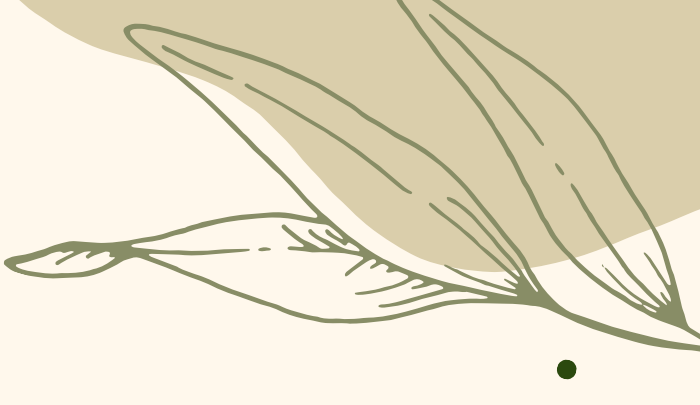
13:30

2. blok přednášky

13:30

zakončení





1. *blok*

HONOURING OUR BASIC NEEDS AS PREGNANT AND BIRTHING WOMEN IN THE MODERN WORLD

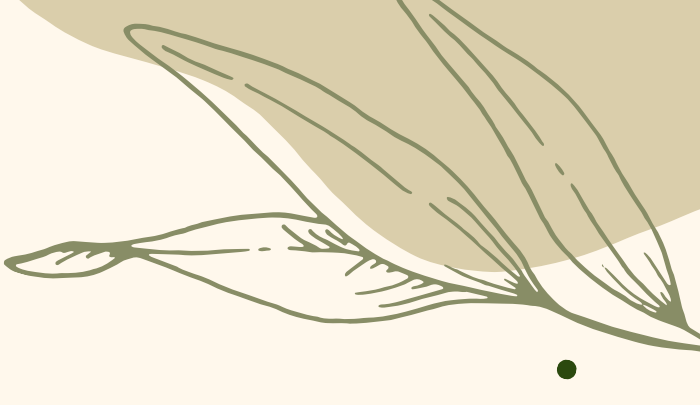
“When a woman births, not only is a baby being born but so is a mother.”

– Ruth Ehrhardt (The Basic Needs of a Woman in Labour)

In today's world, there is little time for pausing and reflecting on the incredible miracle that a woman's body performs when pregnant. A pregnant woman is a precious being, her body is doing the fantastic work of nourishing, nurturing and growing a whole new human being. And when a woman births, not only is she birthing a whole new human, but she is birthing herself as a mother as well.

This talk will focus on what the basic needs are of the pregnant, birthing and new mother, and about how these needs can be guarded, protected and honoured even in the busyness of the modern world.





2. *blok*

WE ARE ONE: GUARDING AND PROTECTING THE MOTHERBABY AFTER BIRTH

Since the beginning of time, mankind has interfered with the first contact between mother and baby. With birth, there is a separation that takes place for the mother and the baby, and yet there is a gentle physiological transition that needs to take place for the wellbeing of both.

If we look at other mammals after birth, we see that the mother will keep her baby close, the mother's body, her warmth and her smells are the first experiences of the new environment outside the womb for the newborn.

For the mother, she has been through the rite of passage that is labour and birth and is also going through enormous physiological changes as she meets her baby, and herself as a mother.

After birth, the relationship between mother and baby must be protected. This relationship is both biological, psychological and spiritual and is essential to them both.

It is a strange fact, that one of the discoveries of the 20th Century, is that the baby needs only their mother after birth.

We will discuss and explore how this crucial time after birth can best be honoured and protected.

